



TRUST EDGE
COACHING

Question Bank

- Tell us more about that.
- What would life look like if this was solved?
- Has anyone else experienced this?
- Who would be the perfect person to solve this?
- Does this show up in anyone else's life?
- Tell us what you have tried.
- What is this costing?
- What is the core issue?
- What is a creative way to attack this?
- Who or what resources could be helpful?
- What in your environment needs to change to be successful?
- If you could wave a magic wand and solve a problem, what would it be?
- Has anyone else dealt with this before?
- What is really going on?
- What are you afraid of?
- What are you trying to prove? To whom?
- Are you avoiding something?
- Are you holding onto something that is not good for you?
- What is the worst thing that could happen?
- How can you limit risks?
- What is the best case/worst case scenario?
- Are you comfortable keeping this the same?
- On a scale of 1-10, how committed are you?
- Are you ready to make a new decision/commitment?
- How open-minded are you about discussing this?
- Just out of curiosity...what needs to happen for you to make a decision?
- Which of these makes you most excited?
- What still needs clarity?
- How can you stay committed and accountable?
- Is it time to pivot or persevere?
- Who do you most want to work with?