

- Please have this up and loaded before participants arrive to the room or virtual meeting.
- Say: "Welcome to Trust Edge Simplified!"
- Introduce yourself to the group, share why you care about building trust, and then say: "I'm really excited to go through this course together and to see the impact of building trust as we apply the tools throughout each module. Let's go ahead and kick things off with Module 1!"



- **Module 1 Goal: Say,** "Today's goal is to define trust, to understand why trust matters, and to start seeing how trust is affecting us individually and in our workplace."
- Click again to play the video on this slide. 2-minute video: "Why Trust?"



Facilitate a brief introduction for the participants to get to know each other. For larger groups, have participants share in pairs, triads, or table groups (or via breakout rooms virtually).



Say: "Trust is the single uniqueness of the greatest leaders & organizations—and it matters now more than ever."



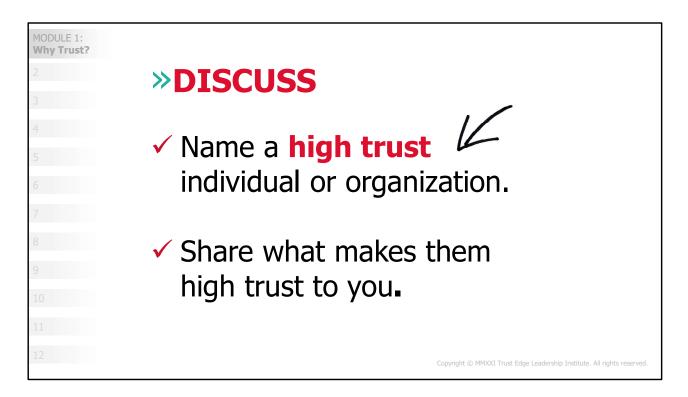
- Say: "Pause and think about this for a second. How would you define trust? What words, phrases, or pictures come to mind for defining what trust IS?"
- Have participants share with the person next to them or facilitate a group discussion virtually. 3-minute discussion.
- Other questions that can be asked: "What can cause you to lose trust with someone or something? What has been a consequence or outcome of losing trust with an organization, brand, or person?"



Say: "Trust Edge Leadership Institute defines trust as 'the confident believe in a person, product, or an organization."



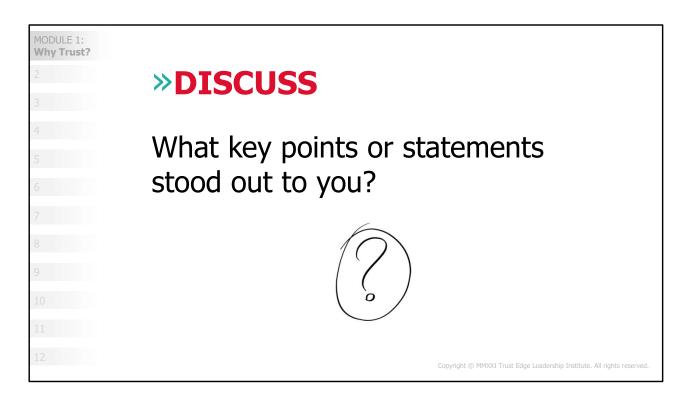
- **Say:** "The difference between 'Trust' and 'The Trust Edge' comes down to what actually happen when trust is authentically built. The Trust Edge is 'the competitive advantage gained when other confidently believe in you'."
- Click to drop down the fill-in-the-blank



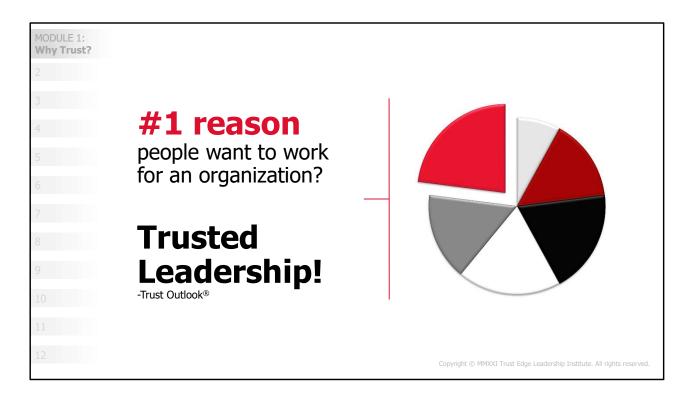
- Have the participants break up into small groups of 3-5 people or breakout rooms virtually.
- Spend at least 3 minutes discussing the above, then come back together and do callouts to hear what the groups discussed.
- Before clicking to the video on the next slide, say: "Trust influences us all the time, at work and at home. Here's a video that shares more about it's impact."



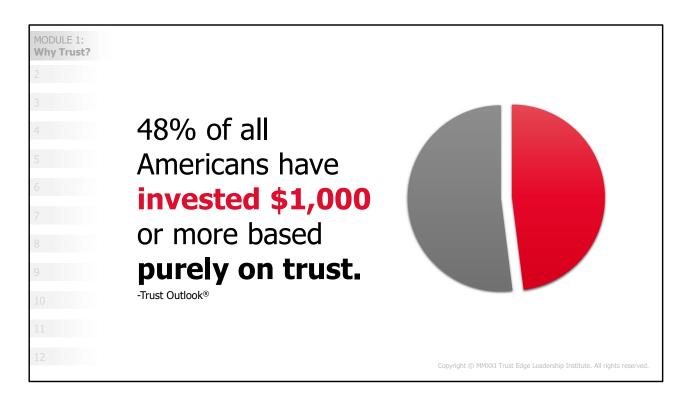
3-minute video: Case for Trust



Ask: "What are the key points or statements that stuck out to you from the video?" Discuss briefly.



- **Say:** "The annual research study out of Trust Edge Leadership Institute found that the #1 reason people want to work for an organization is TRUSTED LEADERSHIP"
- (This data is from the annual Trust Outlook®: www.TrustOutlook.com)



- **Say:** "The study also found that almost half of all Americans have invested \$1,000 or more based purely on trust."
- (This data is from the annual Trust Outlook®: www.TrustOutlook.com)

| MODULE 1: Why Trust? | | |
|-------------------------|-----------------|---|
| 2 | »DISCUSS | |
| 4 | Where have you | seen TRUST impact: |
| 6 | ? Innovation | ? Agile |
| 7 | ? Leadership | ? Net Promoter Score |
| 8 | ? Risk | ? Marketing |
| 9 | ? Diversity | ? Reach |
| 11 | ? Sales | ? Learning |
| 12 | | Copyright ⓒ MMXXI Trust Edge Leadership Institute. All rights reserved. |

- Ask: "Where have you seen trust impact one of these areas for good or for bad?" Discuss for a few minutes.
- Optional follow up question: "How have you seen that impact played out over time?"

| MODULE 1: Why Trust? 2 3 | What does TRU | ST do? |
|---|---|---|
| 4 5 6 7 8 8 9 10 11 11 | Drives innovation Expands leadership Mitigates risk Leverages diversity Speeds up sales | Accelerates agile Increases NPS Amplifies marketing Furthers reach Enables learning |

- **Say:** "Trust is our most crucial tool. These are just SOME of the ways that trust can maximize our efforts."
- Call out a few of the bullet points and give your own examples of when you've seen trust impacts those areas.



- Have people share by either pairing up or shout-outs virtually.
- Ask: "What do you think a lack of trust is costing you? What's it costing your team? What about your organization as a whole?"
- **Point out that Mr. Olsen's trust benefits were time, money and loyalty.** (Some costs to discuss under this question- redundancy, safety, stress, productivity, retention, efficiency)



- Say: "Think for moment...What is your biggest current work challenge? And then, what is ONE result you would like to achieve with trust? Remember, trust can improve innovation, safety, loyalty, retention, culture, efficiency...so take a couple of minutes to write down your biggest current work challenge and the result you would like to achieve with trust and then we'll come back together."
- Allow 2-3 minutes for quiet reflection.



- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| MODULE 1: Why Trust? 2 3 | Next Meeting |
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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!

| MODULE 1: Why Trust? | |
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Show this slide to close out the meeting.



- Welcome participants and then say: "So here's where we are: last module we defined trust and went through the case for trust: why a lack of trust is our biggest expense."
- Module 2 Goal: Say, "Today we are diving into the overview of the 8 Pillar Framework™ for building trust."



- Ask: "Since the last session...How have you noticed the impact of TRUST in your role? What did you DO to build trust?" Facilitate a discussion with the group.
- Before clicking to the video on the next slide, say: "The 8 Pillars are what came out of the original research for how to actually build trust. So, let's take a look at how they fit together."



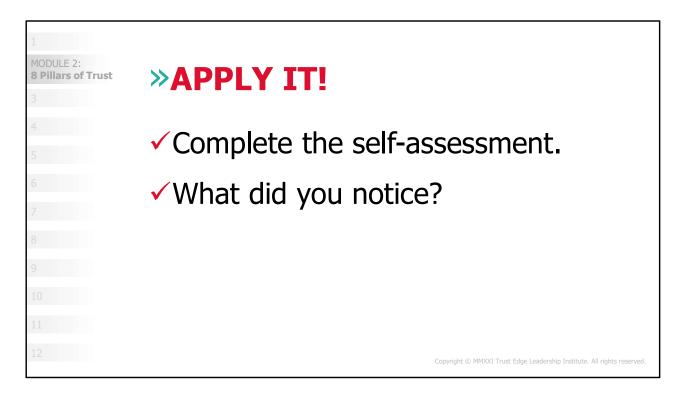
5-minute video: 8 Pillars of Trust

| 1 MODULE 2: 8 Pillars of Trust 3 | Trust research shows: | The 2017 Trust Outlook : Marine and the second seco |
|--|---|--|
| 4 5 6 | "Trust is an essential factor that leads to organizational success and these 8 pillars help form trust." | |
| 7 | "The 8 Pillars of Trust are the key elements to creating trust in a workplace." | 2020 TRUST OUTLOOK |
| 9 | "Each of the 8 Pillars are necessary components for organizations to foster and maintain trust." | A COLOR |
| 11 | See more at: <u>www.TrustOutlook.com</u> | Trust Edge Leaversamp |

- **Say:** "Trust Edge Leadership Institute facilitates an annual research study on trust. Here are a few of the findings and quotes of interviewees from the 2020 8 Pillar Revalidation Study. The study was led by the Social Research Lab out of the University of Colorado. If you have questions on the research, you can find the whitepapers at TrustOutlook.com"
- Read one of the quotes that stand out to you.

| 1 MODULE 2: 8 Pillars of Trust 3 | »DISCl | JSS | |
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| | • | • | en impact your the last week? |
| | 8 PILLARS OF TRUST | CLARITY COMPASSION CHARACTER COMPETENCY | 5 COMMITMENT 6 CONNECTION 7 CONTRIBUTION 8 CONSISTENCY |
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- Take a few minutes to facilitate discussion with participants.
- **Say:** "How have you seen the pillars impact your work work in the last week? Maybe you've noticed a clarity issue in a recent meeting. Maybe you experienced someone on your team demonstrate high-character or strong competency. Let's hear some examples of where you've seen trust impact your week in the last week."



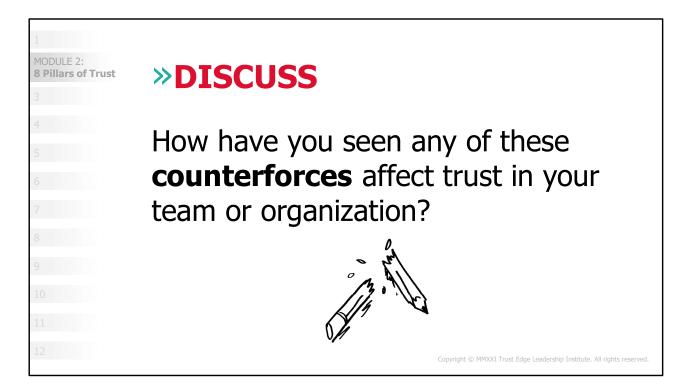
- Guide the participants to complete their self assessment handout.
- If appropriate have participants pair up and share what they noticed (for in person), and then facilitate a brief discussion with the whole group.
- **Optional questions to ask:** "What surprised you most from your results? Which results did you anticipate seeing? Why is that? Which pillar would you like to know more about after completing the assessment?"
- Say, "To start building trust we have to get honest with ourselves about your strength and growth areas. The self assessment gives us a launching point to identify these areas so keep this handy and feel free to reference it throughout the course as you consider how to apply this in your unique roles."



- **Say:** "The pillars gives us a framework for building trust and there are also counterforces to trust. The faster we can recognize barriers or counterforces to trust, the more quickly we can overcome them."
- Ask: "So what destroys trust?" Facilitate a group discussion.
- Before clicking to the video on the next slide, say: "Let's take a look at some of the counterforces of trust next."



3-minute video: Counterforces



- Ask: "Let's bring this into our current contexts. How have you seen any of these counterforces affect trust in your team or organization?" Facilitate a conversation.
- See examples below:
- CLARITY: ambiguity, complexity, overly complex...
- COMPASSION: apathy, hate, any "isms"...
- CHARACTER: Lying, cheating, dishonesty...
- COMPETENCY: No new learning, "same old way"...
- COMMITMENT: Selfishness...
- CONNECTION: Isolation, siloing...
- CONTRIBUTION: Lack of results, excuses, overwhelmed...
- CONSISTENCY: Unexpected, flip-flopping, "flavor of the day"...

| 1 MODULE 2: 8 Pillars of Trust 3 | »APPL | ΥI | T! | | |
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| 4 5 6 7 | Pick one pillar that you think would help strengthen your team over the next 90 days. | | | | |
| 8 | | 1 | CLARITY | 5 | COMMITMENT |
| 9 | 8 PILLARS OF TRUST | 2 | COMPASSION | 6 | CONNECTION |
| 10 | | 3 | CHARACTER | 7 | CONTRIBUTION |
| 11 | | 4 | COMPETENCY | 8 | CONSISTENCY |
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- Have participants split into group or breakout rooms of approx. 3 people and discuss.
- Encourage participants to think about WHY that one pillar would help strengthen their team.



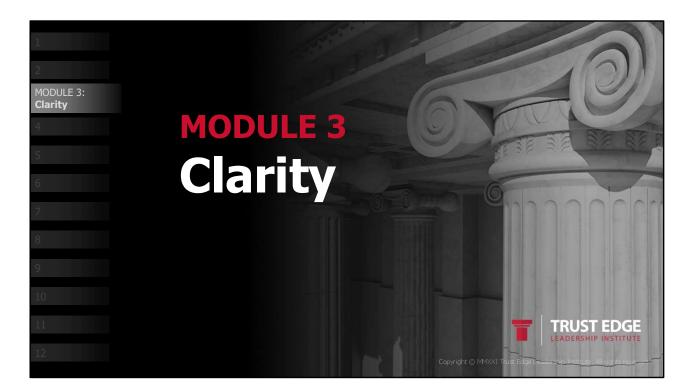
- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 MODULE 2: 8 Pillars of Trust 3 | Next Meeting |
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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



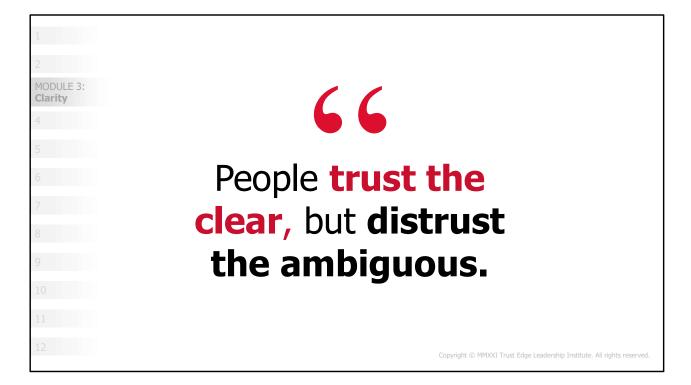
Show this slide to close out the meeting.



- Module 3 Goal: Say, "Welcome back! I'm really looking forward to today's module. But first, let's do a quick review. In the last module, we went through the 8 Pillars of Trust[™]: Clarity, Compassion, Character, Competency, Commitment, Connection, Contribution, and Consistency...We looked at some counterforces to trust, did a self-assessment to identify our own strength and growth areas, and then we chose one pillar that could help strengthen your team over the next 90 days. Today's goal is to understand how CLARITY specifically impacts trust. We'll differentiate between 'Strategic Clarity' and 'Communication Clarity', and we will also create a '90-Day Quick Plan[™]', practice the 'How, How, How strategy', and learn the 'ODC Method'."
- Before clicking to the video on the next slide, say: "To start us off, here is a quick video from David about Clarity!"



2.5 minute video: Clarity Overview



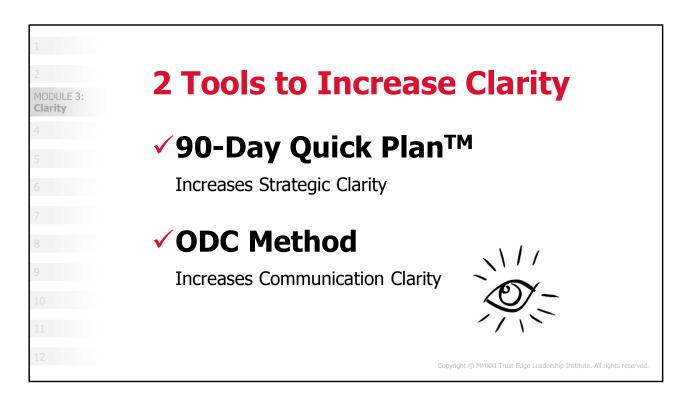
Say: "So, boiled down, clarity matters because people trust the clear but mistrust (or distrust) the ambiguous *and also*, the overly complex."



- Give participants time for self reflection here and encourage them to write down their responses.
- Bring group back together for a brief whole group discussion



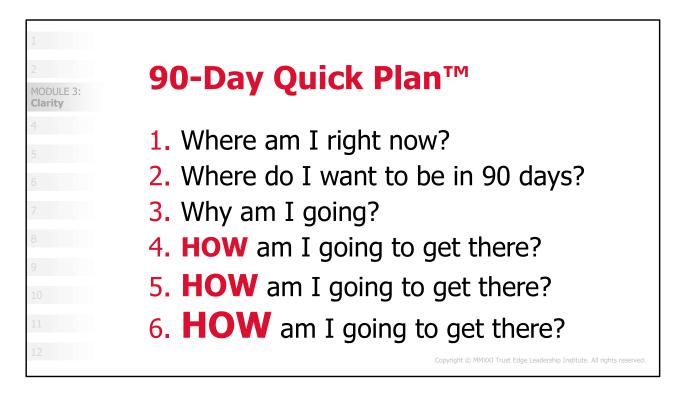
Say: "David mentioned this in the video, but there are two main areas of clarity: 'strategic clarity' and 'communication clarity'. Strategic clarity affects everything from your mission and vision to your daily actions...Communication clarity affects how every message is shared and understood."



- Say: "Under 'Strategic Clarity' one of the primary trust-building tools is the 90-Day Quick Plan™ and under 'Communication Clarity' one of the primary strategies the ODC Method."
- Before clicking to the video on the next slide, say: "First let's look at the 90-Day Quick Plan[™] and how it can be used to build clarity."



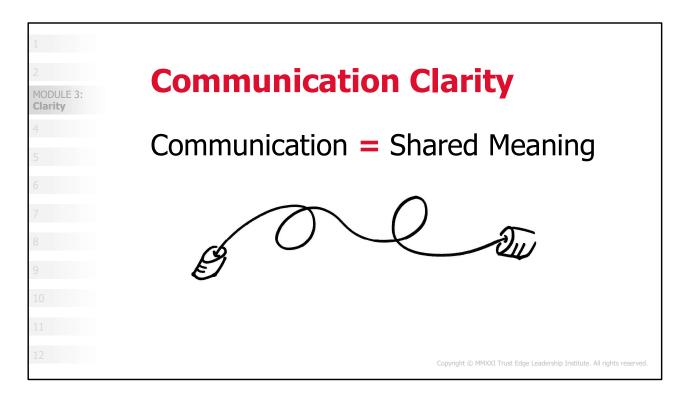
6-minute video: 90-Day Quick Plan™



Say: "Here is the 90 Day Quick Plan[™] again...The critical piece here is using the 'How How How' Strategy...asking HOW until we get to something we can do differently, starting today or tomorrow. It's not as easy as it seems to get down to a crystal-clear 'HOW'. The best "final how" almost always has a 'who/what/when/where' attached."



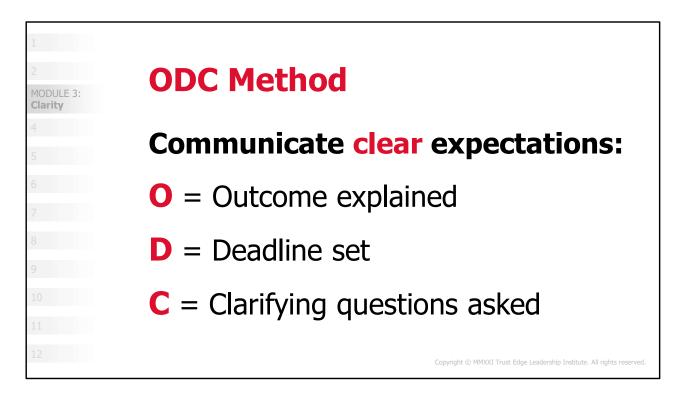
- 5-10 minutes: Facilitate individual application time for the How How [™] process.
- Say: "Remember, keep asking HOW until you have a who/what/when/where for something you can do today or tomorrow to move towards accomplishing that goal."
- Bring the group back together and do shout outs from a few participants to share their goal for the next 90 days and the final HOW that they can do today or tomorrow.
- Questions to confirm clarity: "What the final 'HOW' is for that goal? Is it specific (who/what/where/when)? Does it depend on anyone else? Is it something that can be done today or tomorrow?"



- **Say:** "Communication can be verbal or non-verbal, but ultimately communication comes down to shared meaning."
- Before clicking to the video on the next slide, say: "So under Communication Clarity we have the ODC Method. Here's a video from David on how to apply the ODC Method for clear communication."



1-Minute video: ODC



Say: "The ODC method helps teams practice clarity on the ground level. The best chance for success on tasks or projects is with clear outcomes communicated, a set deadline, and opportunity for clarifying questions."

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| 2 MODULE 3: Clarity | »APPLY IT! |
| 4 | Practice ODC: |
| 6 | \checkmark Think of a current priority. |
| 8 | What is the <u>Outcome</u> expected? |
| 9 | ✓ What is the <u>Deadline</u> ? |
| 11 | What <u>Clarifying</u> questions still need to be |
| 12 | asked? Copyright © MMXXI Trust Edge Leadership Institute. All rights reserved. |

Facilitate a brief activity in small groups or as one large group for a virtual session.



- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 2 MODULE 3: Clarity | Next Meeting |
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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



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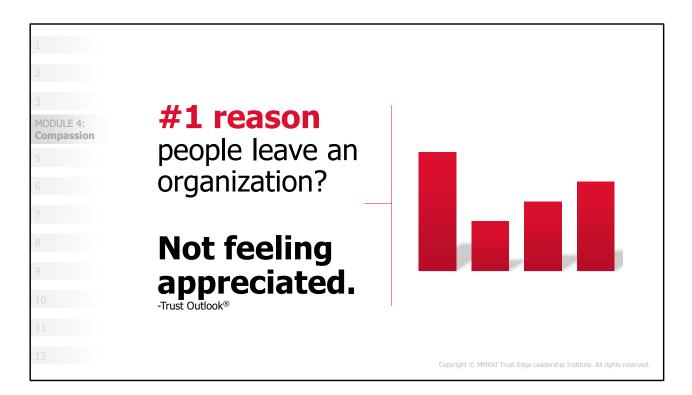
- Welcome participants and then say: "So here's where we are: we've covered the case for trust, the overview of the 8 pillars, and a deeper dive into the clarity pillar."
- Module 4 Goal: Say, "Today we are looking at how the Compassion pillar impacts trust."



Say: "Compassion affects trust because people put faith in those who care beyond themselves. If our employers, colleagues, friends, or families don't experience compassion from us, our trustworthiness as a whole is negatively affected."



- Facilitate a brief discussion, first in pairs and then as a whole group. (Large group discussion for virtual session)
- **Say:** "Think of an exceptional person who you've partnered with at work. What made that person stand out to you?"



- Say: "The Trust Outlook® research found that the number one reason people leave an organization is because of not feeling appreciated! One way to increase compassion is to show genuine appreciation for people and their work."
- (This data is from the annual Trust Outlook: www.TrustOutlook.com)
- Before clicking to the video on the next slide, say: "Here's a further look at why compassion is a pillar of trust."



2-minute video: Compassion



- Say: "Maya Angelou said, '
- Before clicking to the video on the next slide, say: "Here are four ways to build compassion in the workplace. Trust Edge Leadership Institute calls them the LAWS of Compassion."



1-minute video: LAWS of Compassion



- Say: "So here are the LAWS of compassion again. These are ways we can build compassion on a daily basis. Remember, using the LAWS builds compassion which increases trust because people put faith in those who genuinely care and have intent beyond themselves."
- **Before clicking to the video on the next slide, say:** "Under "Appreciate" from the LAWS of Compassion, David shares a method for showing appreciation in a way that actually affects culture change. It's called the SPA Method."



30-second video: SPA method



Have participants write a thank you note to a colleague for a few minutes.



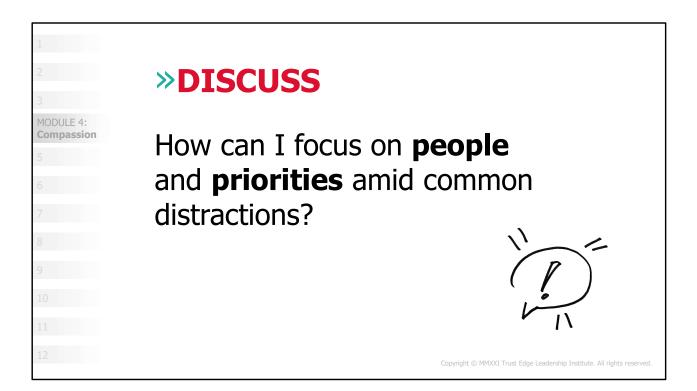
Say: "Under the 'W' of the LAWS of Compassion is 'wake up and be present'. To help us be present, we can minimize distractions."



3-minute activity: facilitate brief self reflection and then do quick call outs of what participants wrote down.



Say: "Many of these distractions came up in our discussion...and most of us experience multiple of these every day, but we can only control what WE do and not normally what others do. So, on your work sheet or in the margins, write down a couple ways you can help yourself minimize distractions."



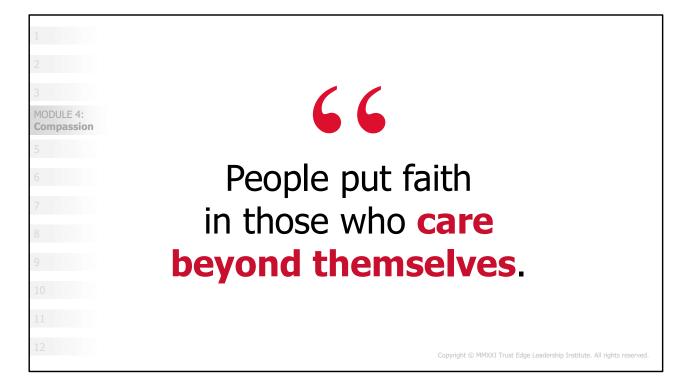
Say: "What we want to be careful about here is minimizing distraction but not at the expense of trust and relationships. So how can you and I focus on people and priorities amid common distractions?" **Facilitate a brief discussion.**



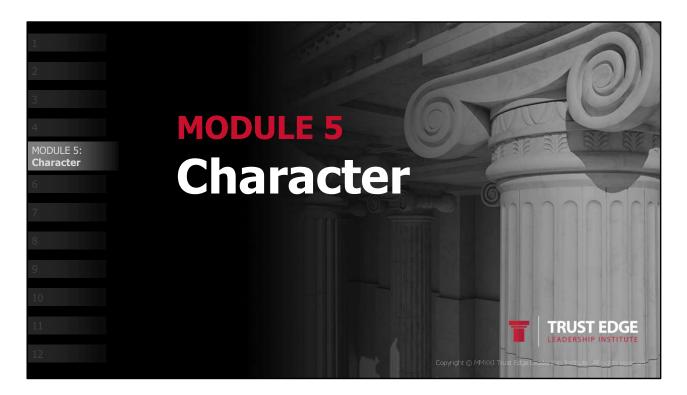
- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



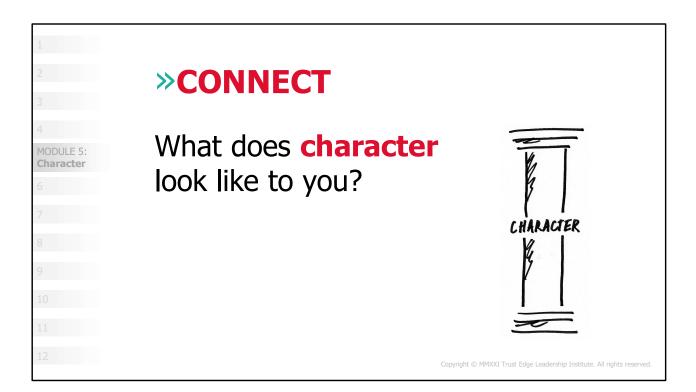
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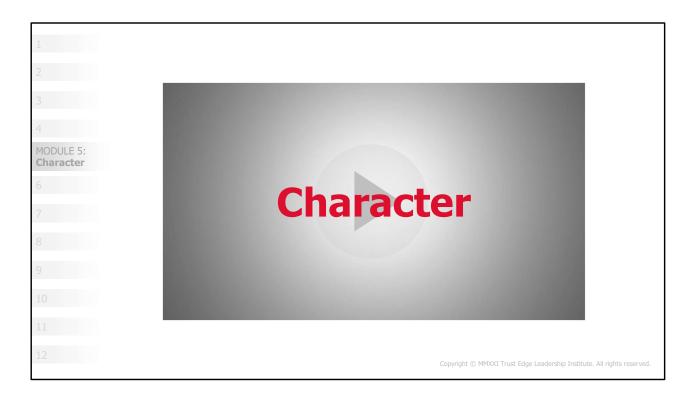
- Welcome participants and then say: "So here's where we are: we have a case for trust, the pillar overview and 2 of the 8 pillars (clarity and compassion)."
- Module 5 Goal: Say, "Today we are looking at how the CHARACTER pillar impacts trust."



Say: "Character affects trust because people notice those who do what is right over what is easy."



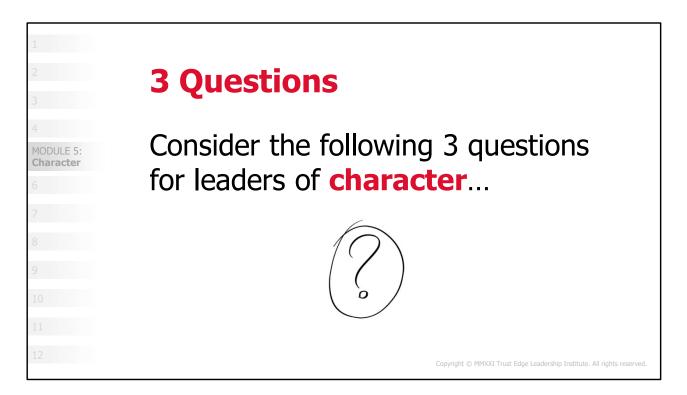
- Ask: "What does Character look like to you? Shout out some words or phrases that come to mind." Facilitate a brief conversation around character.
- Additional Questions: "How do you define character? How do you define integrity?"
- Before clicking to the video on the next slide, say: "Let's take a look at the overview video for character."



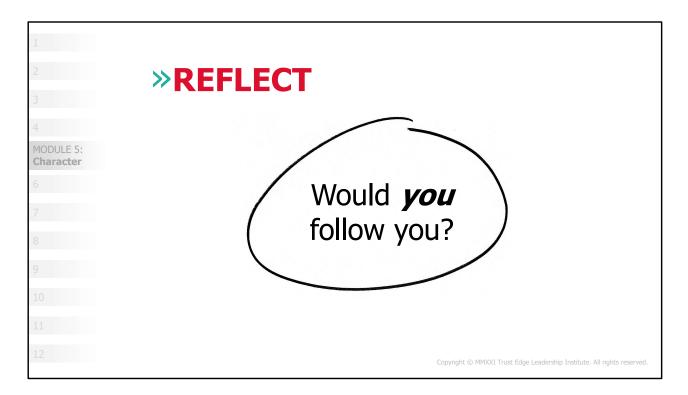
5.5-minute video: Character



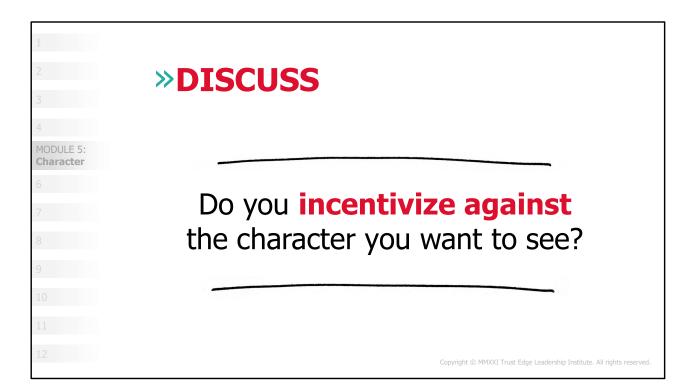
Say: "According to the American Management Association, 'Integrity' ranks #1 as the desired quality managers want from their leader"



Say: "Consider the following 3 questions for leaders of character..."



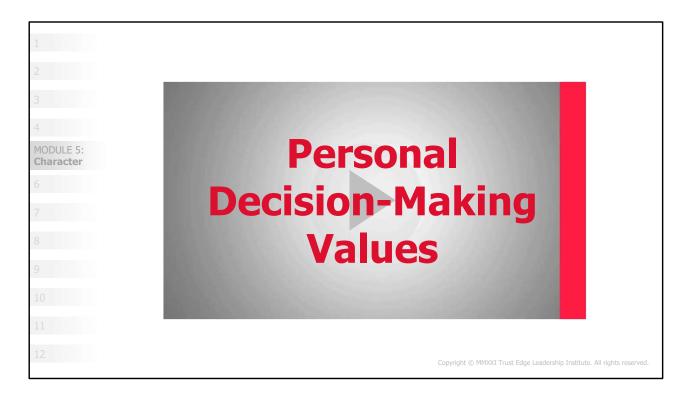
- **Say:** "Often, rather than being admired by strangers, the greatest leaders seem to be MOST respected and loved by those closest to them."
- Ask: "What would your kids or closest friends say about you? Would you want to follow you? Why or why not?"
- Encourage participants to write a reflection for a couple of minutes.



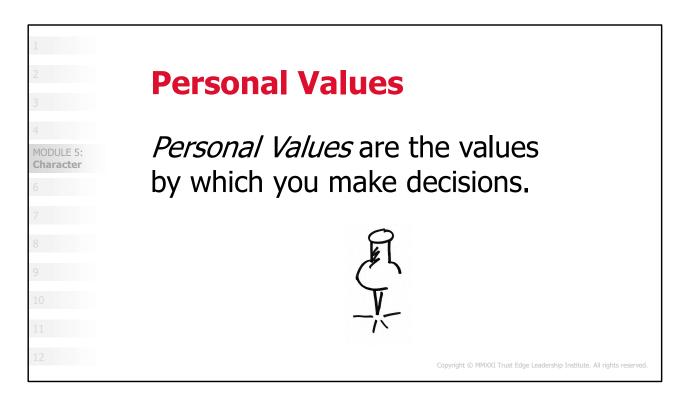
- Say: "As an example, some sales teams are systemized against the values the organization says they want to have. Some countries even say they want a certain trait in their policing culture, yet taking bribes systemizes against that. A school or sports team may say they want a certain character and yet allowing bullying or extreme sarcasm can systemize against the character they want to have as a team."
- Ask: "Are there any ways that your team or organization is systemizing against the character you want to see?"
- Facilitate a pair-and-share or whole group discussion for virtual.



- **Say:** "One way to increase character congruency is to define personal decision-making values."
- Before clicking to the video on the next slide, say: "Here is more from David on how personal values impact trust."



3.5 minute video: Personal Decision-Making Values



Say: "To reiterate, personal values are the values by which you make decisions."

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| 2 | »APPLY IT! |
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| MODULE 5: Character | Decision-Making Values |
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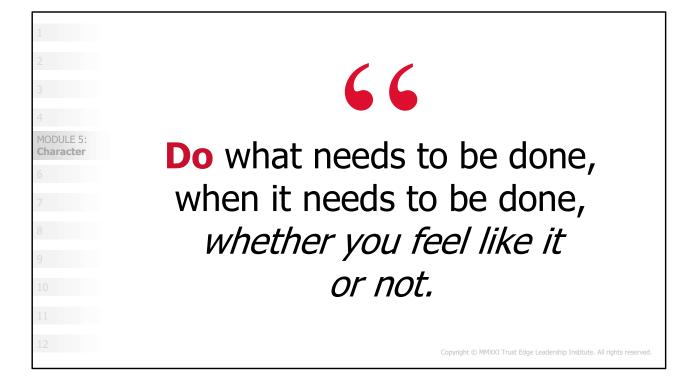
- Instruct participants to spend about 5-10 minutes individually creating or defining their personal values.
- Say: "Remember these are guiding values to help you make decisions. These are not life priorities like 'family' or 'friends'. Often they work best as phrases; some examples would be phrases like, 'Do unto others and you would have them do unto you' OR 'honor the people who are absent'. Personal values could also be words like 'respect', 'excellence', or 'loyalty'."
- Say: "Go ahead and take about 5 minutes to write down your personal values."
- Regroup after around 5-10 minutes and do group shout-outs to see what personal values the participants came up with and HOW they will help guide decision-making.



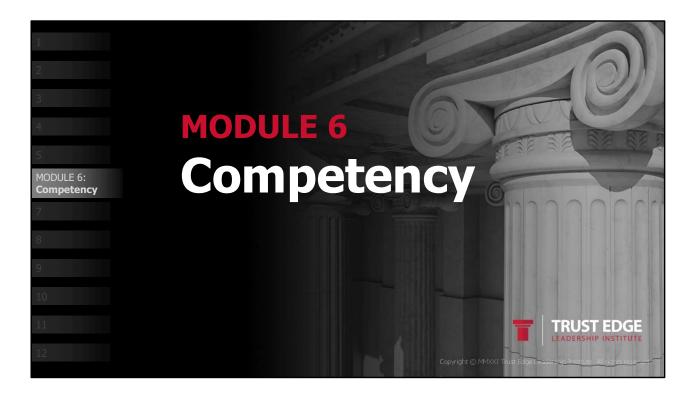
- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



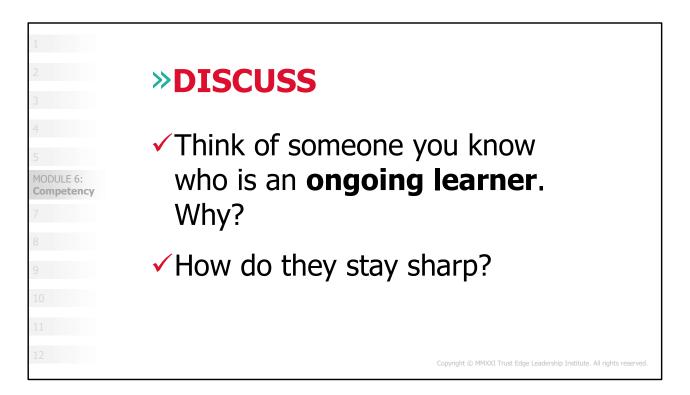
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- Welcome participants and then say: "So here's where we are: we've been through the case for trust, the 8-pillar overview and 3 of the 8 pillars (clarity, compassion, character)"
- Module 6 Goal: Say, "And today we are looking at how the Competency pillar impacts trust."



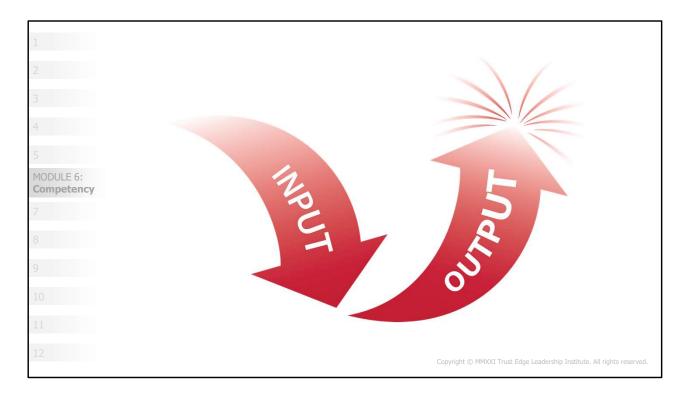
Say: "Competency matters because people have confidence in those who stay fresh, relevant, and capable."



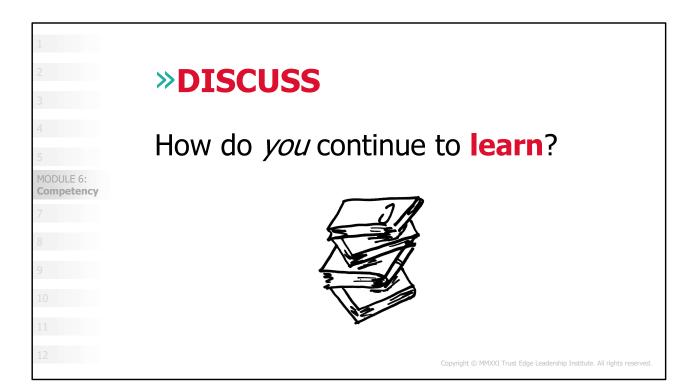
- Facilitate a group discussion for 5 minutes.
- Ask: "Who do you know that represent competency? Think of someone you know who is an ongoing learner? What make them that way?"
- Before clicking to the video on the next slide, say: "Here is a further look at competency from David."



4-minute video: Competency



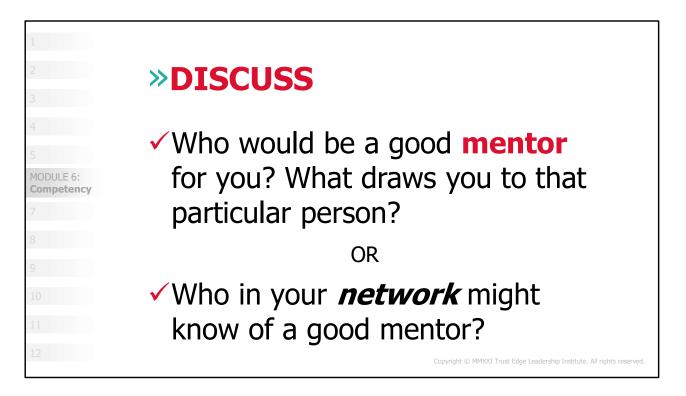
Say: "So like David said: 'Input equals output'. When we prioritize the RIGHT input, we increase our competence and therefore, increase trust. But getting the input takes work; it's not automatic."



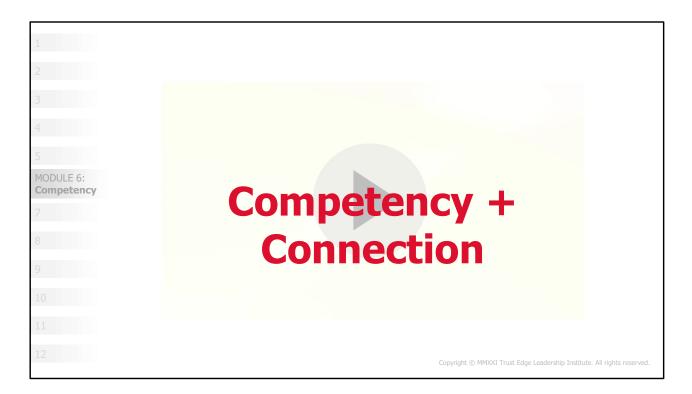
- Facilitate a brief discussion. Ask: "How do you continue to stay fresh, relevant and capable on a practical level? Go ahead and shout out ways you keep learning?"
- Additional questions: "What is a NEW way of learning you could try? What gets in the way of ongoing learning? What can you and I do about those barriers?"



Say: "Without good input, we tend to atrophy in our roles. Some ideas for staying fresh and increasing competency might be listening to audio books, attending additional professional development, finding a mastermind group. There are a whole lot of ways we can do increase our competence and grow trust. Write down a couple that you would like to pursue."



- **Say:** "So, mentorship is one way to continue learning. You can increase competence much faster by learning from someone else."
- Facilitate a brief discussion around mentorship.
- Question Options:
- "Who would be a good mentor for you? We all learn different so who is someone that could mentor you in one or two areas of your life? What draws you to those people?"
- "What about other people in your network—who might THEY know? How could ask for an introduction this week?"
- **Before clicking to the video on the next slide, say:** "Here's an idea about how the competency and connection pillars work together."



3.5-minute video: Competency + Connection

| 1 2 3 | »REFLECT |
|---|---|
| 4 5 MODULE 6: Competency 7 8 | Write one specific action you want to take by each of the following timeframes to develop your Competency pillar: In 1 week: |
| 9 | In 90 days: |
| 10 | In 1 year: |
| 11 | In 5 years: |
| 12 | Copyright © MMXXI Trust Edge Leadership Institute. All rights reserved. |

Facilitate a 4-7 minute self reflection. Say: "Next to each of these four timeframes, write one specific action you want to take to develop your competency pillar. Go ahead and take a few minutes to think through these and write them down. Be as specific as you can be!"



- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 2 3 | Next Meeting |
|-------------------------|--------------|
| 4 | ✓ Date? |
| MODULE 6: Competency | ✓Time? |
| 8 | ✓ Location? |
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| 11 12 | |

Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



Show this slide to close out the meeting.



- Welcome participants and then say: "Here we are on module 7! In the last previous 6 session we gained, the case for trust, the 8 pillar overview and 4 of the 8 pillars (clarity, compassion, character, competency) with tools to start building these pillars to increase trust right away."
- Module 7 Goal: Say, "Today we are diving into the Commitment pillar!"



Say: "Commitment builds trust because people believe in those who stand through adversity."



- **Say:** "Think of a time when someone made a promise to you and did not keep it. Just quietly for a second, think of a time when that happened."
- Pause for a few seconds. Do not discuss the question. Move to the next slide.



Facilitate a brief self-reflection (<u>not</u> call out). Ask: "How did that make you feel? Write down a few words that come to mind."



- Say: "Think of a time when you made a promise to someone else, and you didn't keep it."
- Pause for a few seconds. Do not discuss. Move to the next slide.



- Ask: "How did THAT make you feel? What came to mind for how that made you feel?"
- Say: "We tend to judge OURSELVES by our intentions and OTHERS by their actions."
- Before clicking to the video on the next slide, say: "Now here's an overview of the commitment pillar and what we can do to increase our own commitment and build trust."



2.5-minute video: Commitment



- **Say:** "The Trust Outlook[®] research found that the number one action that would increase retention is <u>keeping promises</u>. People are motivated to stay in a work environment where people do what they say they'll do!"
- (This data is from the annual Trust Outlook: www.TrustOutlook.com)



- Facilitate a brief self-reflection.
- Say: "Pause and think about this: When do you say 'I'm sorry' or apologize most often? Write down what comes to mind."
- Pause for 10 seconds and then say: "How are you gaining or losing trust with your commitments? With family, friends, coworkers? Maybe even it bring it down to a timeframe. Where have you seen trust impacted by your commitments in the last week?"
- Before clicking to the video on the next slide, say: "Now, here's a framework building an accountable culture and life."



3-minute video: 6-Step Accountability Framework

| Clear Goal Clear Ability Clear Metric Clear Check-In Clear Results Clear Commitment | MXXI Trust Edge Leadership Institute. All rights reserved. |
|--|--|

Say: "Here is that 6-Step Accountability Framework again. Set a clear goal—make sure the outcome is specific. Are you able to follow through on your goal with current abilities and resources? What is the metric for success? How are we staying connected and informed as we pursue this goal to ensure alignment? What are the rewards for success or repercussions for failure? Am I genuinely committed to this goal? Consider a 1-10 scale to benchmark, especially in a team goal."

| 1 2 3 | »DISCUSS | |
|---|---|--|
| 4 5 6 | ✓ How could you framework on | a apply this a current project? |
| MODULE 7: Commitment 8 9 10 11 | Clear Goal Clear Ability Clear Metric | 4. Clear Check-In 5. Clear Results 6. Clear Commitment |
| 12 | | Copyright © MMXXI Trust Edge Leadership Institute. All rights res |

- Facilitate a discussion. Say: "Let's talk about this as a group. Think of a current goal or project for a moment. How could you apply at least one of these six steps to increase accountability for yourself and others?"
- **Optional additional question:** "What might get in the way of utilizing these six steps? And what can we do to remove that barrier starting today or tomorrow?"



- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 2 3 | Next Meeting |
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| 4 | ✓ Date? |
| 6 MODULE 7: Commitment | ✓Time? |
| 8 | ✓ Location? |
| 10 | ✓Contact? |
| 11 12 | |

Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



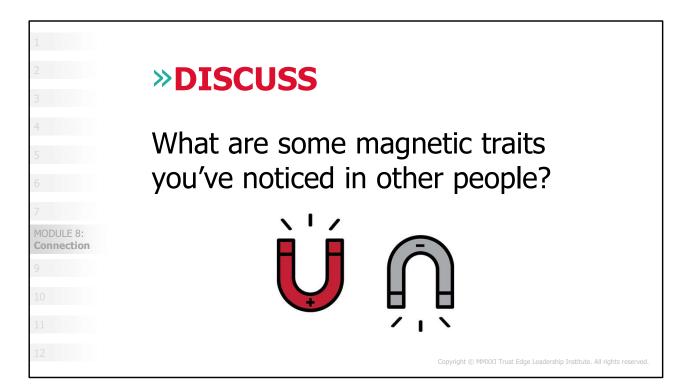
Show this slide to close out the meeting.



- Module 8 Goal: Say, "Understand how CONNECTION impacts trust.
- Review the primary focus & takeaway(s) of Module 7 and introduce the purpose of the today's module
- Welcome participants and then say: "So here's where we are: we have a case for trust, and 5 of the 8 pillars (clarity, compassion, character, competency, and commitment). Today we are looking at how the Connection pillar impacts trust."



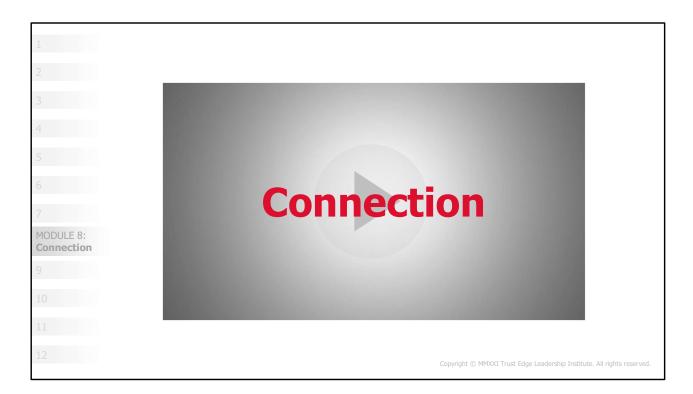
Say: "Connection build trust because people want to follow, buy from and be around people who are willing to connect and collaborate."



- Ask: "What are traits that draw you to people? That make you want to be friends with them or work with them?"
- Have participants shout out magnetic traits.

| 1 2 3 | »REFLECT | - | |
|---|--|--|--|
| 4 5 6 | For which of the following traits would you rate yourself "above average"? | | |
| 7 MODULE 8: Connection 9 10 11 | ✓ Grateful ✓ Good listener ✓ Talks about ideas | Optimistic Positive Encouraging Honest/Real | Sincere Humble Confident Respectful |

- Facilitate a 2-minute self reflection
- Before clicking to the video on the next slide, say: "Here's our overview video for connection."



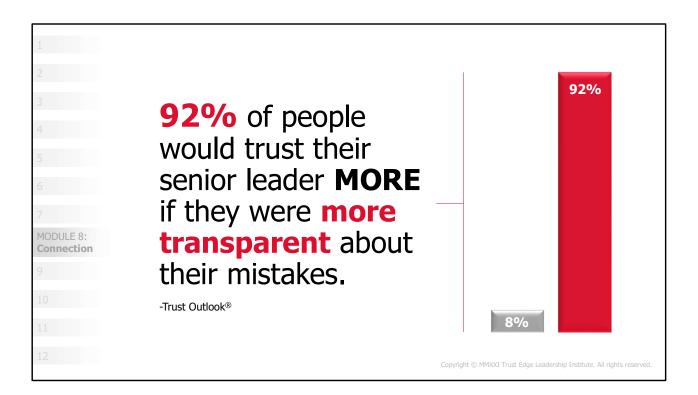
4-minute video: Connection



Facilitate a quick "pair and share" or shout outs for a virtual group.



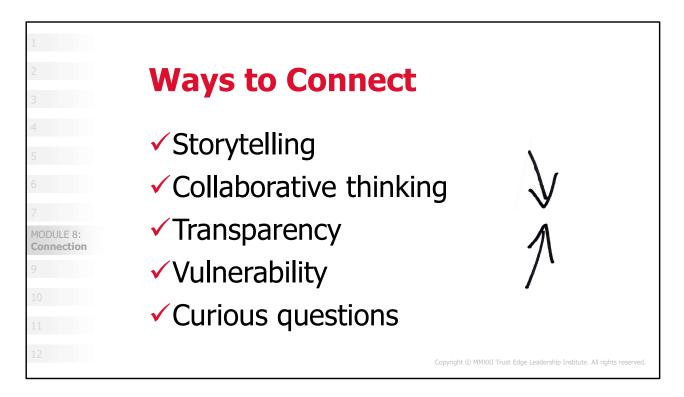
- Facilitate a "pair and share" or shout outs for a virtual group.
- After the discussion, say: "After which of these discussions, did you feel most connected to the person you shared with?" Do a few call outs.
- **Say:** "There are a lot of ways to connect with people but often we tend to connect with each other more and show more empathy when sharing our own mistakes."



- Say: "The Trust Outlook® research found that 92% of people would trust their senior leader more if they would be more transparent about their mistakes. Transparency, specifically about ways that we've failed, is one of the ways to increase genuine connection."
- **Before clicking to the video on the next slide, say:** "Here an example from David about how sharing mistakes can increase trust."
- (This data is from the annual Trust Outlook: www.TrustOutlook.com)



2-minute video: David keynote video clip about sharing mistakes



Say: "Being transparent about your mistakes is just *one* way to build connection. These are some other ways to connect: storytelling, collaborative thinking, vulnerability, and asking curious question. There are opportunities in every interaction to *increase* connection within our team."



Say: "Patricia Fripp is one of the top speech coaches and she said that the secret to successful conversations is asking good questions. Learning to ask good question creates engaging conversations which creates connection and ultimately builds trust."

| 1 2 3 | »REFLECT |
|-------------------------|--|
| | Write 5 curious questions that you could use to increase connection. |
| | 1 |
| MODULE 8: Connection | 2 |
| 9 | 3 |
| 10 | 4 |
| 11 | 5. |
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Facilitate a 3-minute self reflection. Say: "Most people never learn to ask good questions. It's easy to default to standard workplace conversation like 'How was your weekend?' but when we go beyond those simple questions, we can actually increase connection and collaboration. So think of five open-ended questions that you could use in the next week or two. Try to avoid questions that elicit 'yes/no' or 'good/bad' as a reply. Go ahead and write those down for a couple of minutes!"



- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 2 3 | Next Meeting |
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| MODULE 8: Connection | ✓ Location? |
| 10 | ✓ Contact? |
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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



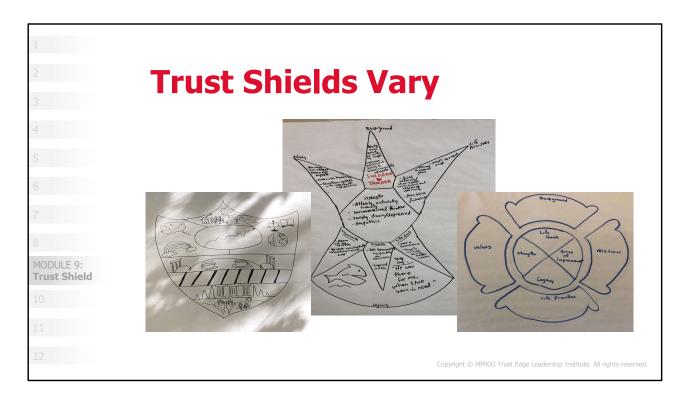
Show this slide to close out the meeting.



- Welcome participants and then say: "We've gained the tools to build 6 of the 8 pillars so far (clarity, compassion, character, competency, commitment, and connection."
- Module 9 Goal: Say, "Today's module is *one* way to start building the Connection pillar in a team or organization. We will be completing the Trust Shield activity so how Connection affects trust."
- Before clicking to the video on the next slide, say: "Here's a description from David about the Trust Shield."



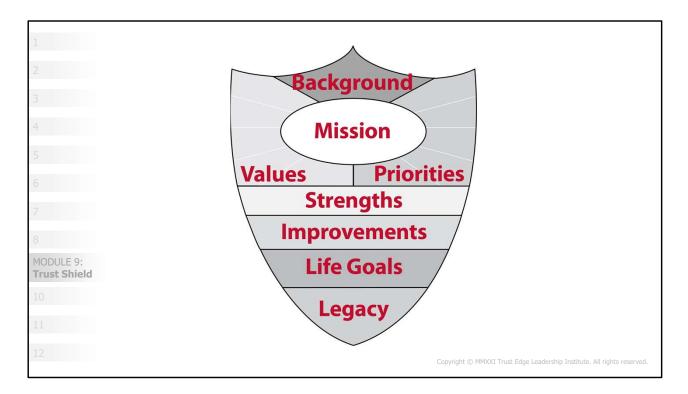
5-minute video: Trust Shield



- Say: "Trust Shields can have different shapes depending on the context, but the 8 sections of the Trust Shield are the same and they provide a helpful summary of who we are as individuals. Some people prefer to use words or phrases, others have used symbols to represent their shield"
- Before clicking to the video on the next slide, say: "Here is a quick video about how this will work in our time together today."



3-minute video: Creating Your Trust Shield



- **Say:** "Go ahead and start filling out your trust shields and then we'll come back together in about 10-15 minutes"
- Once participants are done or close-to-done with their shields, have them go into groups of 3 people (breakout rooms for virtual events) and take around 7 minutes each to share about their shields.
- Remind participants to listen well by staying focused on the person sharing and by asking thoughtful questions.



Ask participants to raise their hands if they...

- Learned something new about someone else?
- Found something in common with someone else?



- Facilitate a debrief of the Trust Shield. Ask: "What was that activity like for you? Shout out some words that come to mind."
- Additional questions:
 - "What made it difficult? Nerve wracking? Exhausting? Fun?"
 - "How do you think sharing Trust Shields might impact our team going forward?"



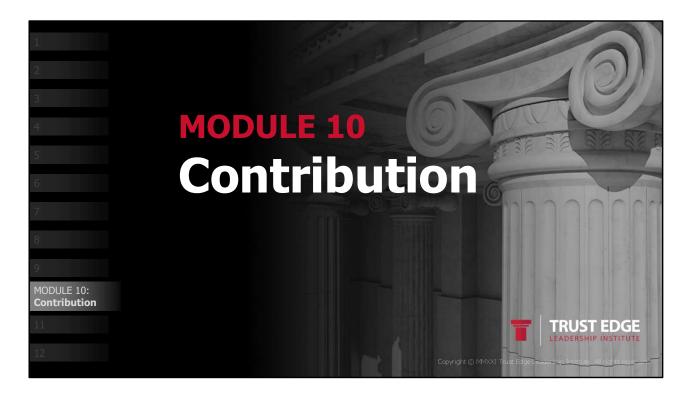
- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 2 3 | Next Meeting |
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| 4 | ✓ Date? |
| 6 | ✓Time? |
| 8 MODULE 9: | ✓ Location? |
| Trust Shield | ✓ Contact? |
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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



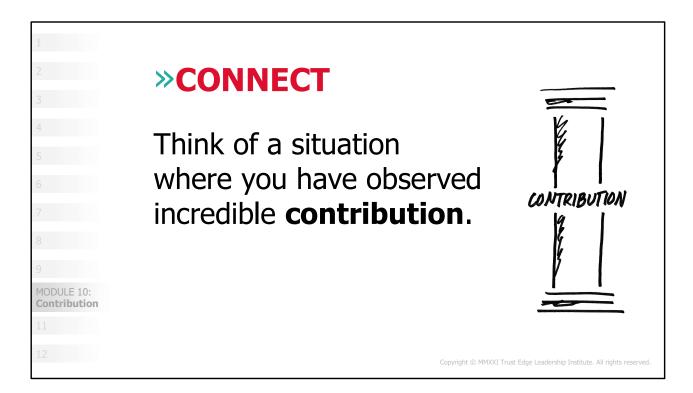
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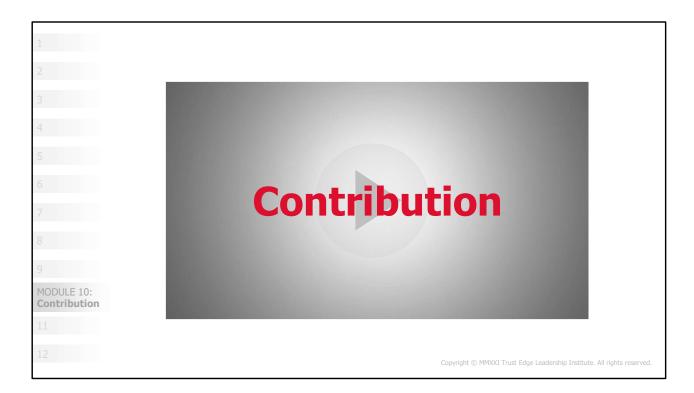
Welcome participants and then say: "Today our goal is to understand how CONTRIBUTION impacts trust. We'll cover the SEEDS Strategyto maximize personal contribution and the 6 E's to motivate others' contribution."



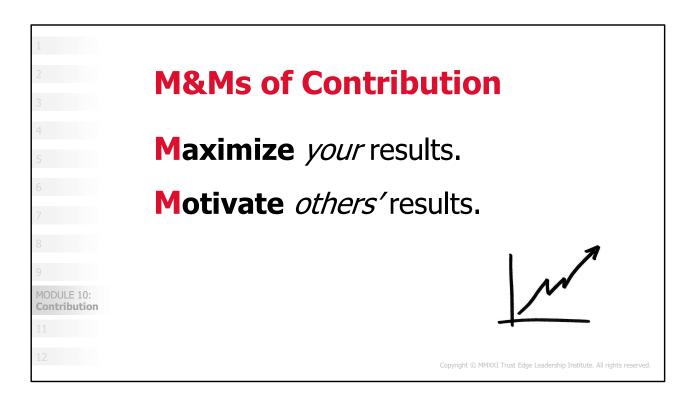
Say: "Contribution affects trust because people immediately respond to results. If we don't contribute real outcomes, we will lose trust."



- Say: "Go ahead and think quietly of a situation where you have observed incredible contribution." Pause and give time for brief self-reflection.
- Facilitate sharing stories of where a few people have seen or experienced great contribution.
- **Optional follow up questions:** "Why was it important? What was the impact? What made it memorable?"
- **Before clicking to the video on the next slide, say:** "Let's go ahead and watch the video from David about Contribution."



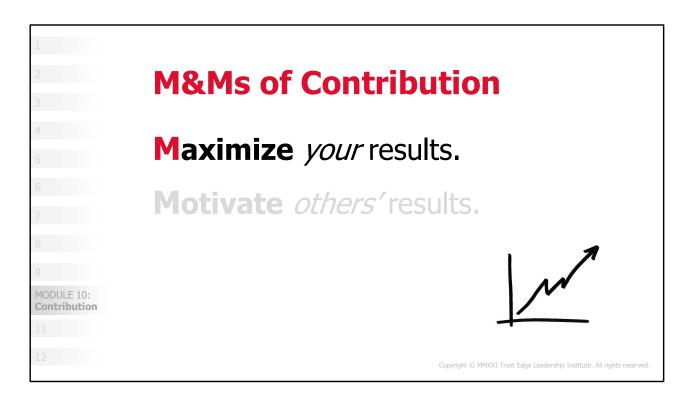
1-minute video: Contribution



- **Say:** "Contribution goes both ways. You can maximize your own results and you can motivate the results of others."
- (Note: *The Daily Edge* book is a great resource for maximizing your own results without hindering your relationship with others)



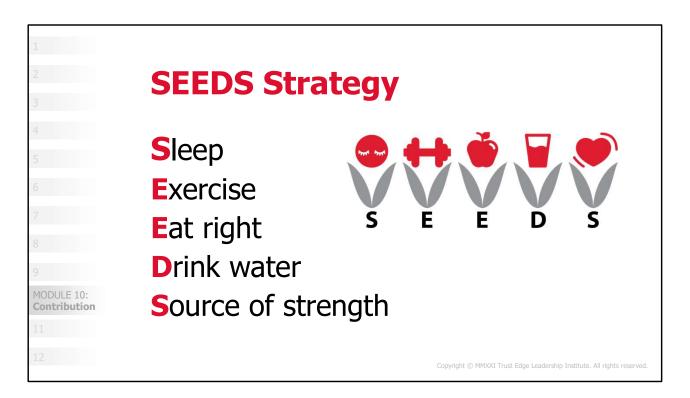
Say: "Take a minute or two to think about what you can do to increase your own contribution? In daily work? In a team? Go ahead and write down your ideas. Be as specific as possible! Remember that if you use the 'How, How, How' process, you multiply your chances of actually making a lasting change."



- **Say:** "First, let's look at maximizing our own results to get the most important things done every day."
- Before clicking to the video on the next slide, say: "Here is one strategy for maximizing our individual contributions."



2-minute video: SEEDS



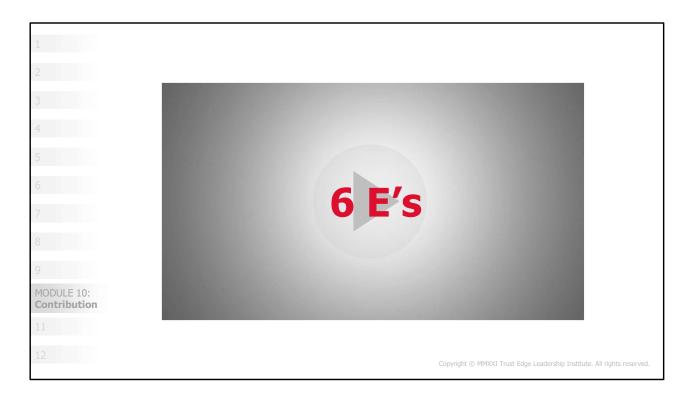
Say: "Our best contribution usually happens when we've taken care of our SEEDS. If we are getting enough sleep, exercising, eating right, drinking enough eater, and have a source of strength beyond ourselves, we are better equipped to contribute in every area of life."



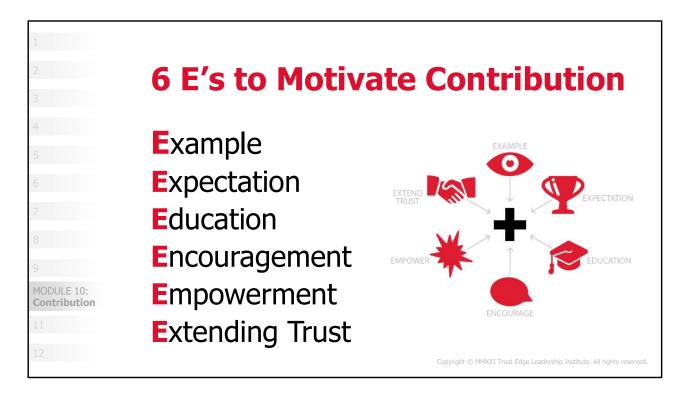
- **Say:** "Knowing that SEEDS will help you contribute more at home and work, go ahead and use the 'How, How, How' process here. for one of the SEEDS."
- Have participants take 5 minutes to create their plan and then, if appropriate, pair and share or group shout-out for virtual.



- Say: "Secondly, we can motivate the results of others."
- Before clicking to the video on the next slide, say: "Here are the 6 E's for motivating others to contribute results."



3-minute video: 6 E's for Motivating Contribution



Say: "Here are the 6 E's again. As a starting point, circle two of these and then in the margin, write down ideas for how you can start improving those two areas in order to motivate contribution."



Say: "Contribution takes action. We can say that we will help on a project, but if we don't actually DO it, people won't trust us."



- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 2 3 | Next Meeting |
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| 4 5 | ✓ Date? |
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| 8 | ✓ Location? |
| MODULE 10: Contribution | ✓ Contact? |
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Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



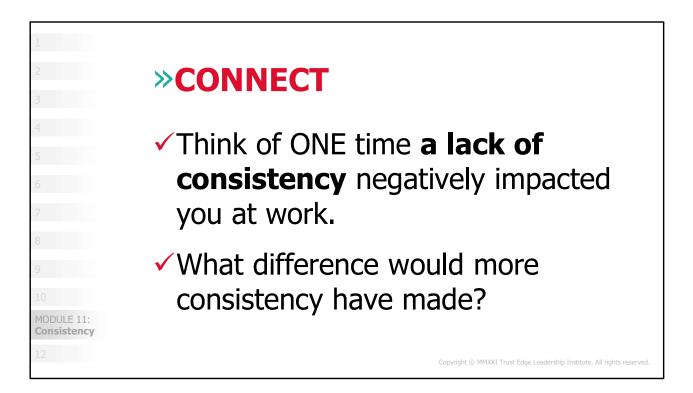
Show this slide to close out the meeting.



• Welcome participants and then say: "The last pillar of the 8-Pillar Framework is Consistency. At Trust Edge Leadership Institute, 'consistency' is known as 'the king and queen of the pillars' because we are trusted for whatever we do consistently."



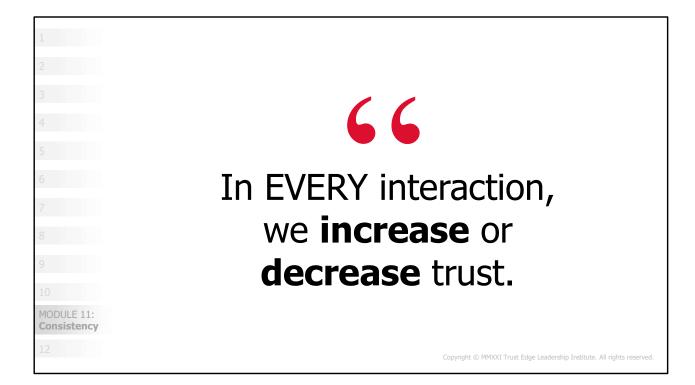
Say: "People love to see the LITTLE THINGS done consistently."



- **Say:** "Think of a time when a lack of consistency negatively impacted you at work. Maybe it was an experience at work or an interaction with a brand."
- Allow brief self reflection, then facilitate a discussion around this question.
- Ask: "What difference would more consistency have made?"



- Say: "Now, think of a time in the last couple of months when YOU were inconsistent. When was a time you said you would do something and then didn't? What did it cost you? Or maybe think of time when you acted in a way that was inconsistent with your character. How was trust affected?"
- Allow brief self reflection and then facilitate a pair and share around this question or group shout out for virtual.



- **Say:** "In every interaction we either increase or decrease trust. Just like our bodies atrophy without consistent nutrition and exercise, our relationships atrophy without consistently building trust "
- Before clicking to the video on the next slide, say: "Let's take a look at the video about consistency."



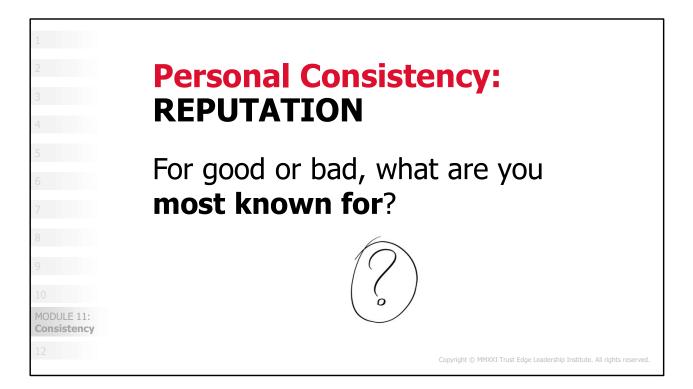
3-minute video: Consistency



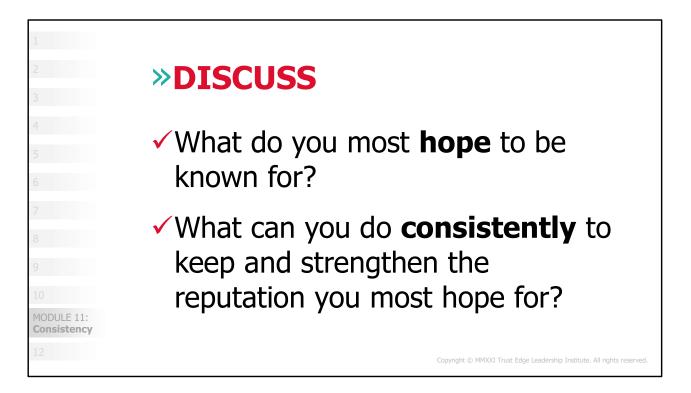
Say: "There are two types of consistency: personal consistency and organizational consistency."



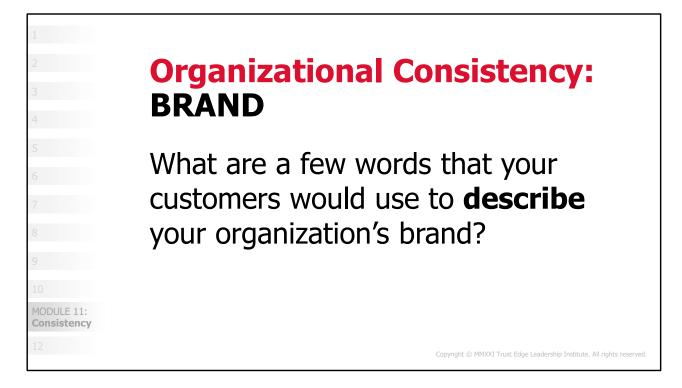
Say: "'Personal consistency' builds your reputation and 'organizational consistency' builds your brand."



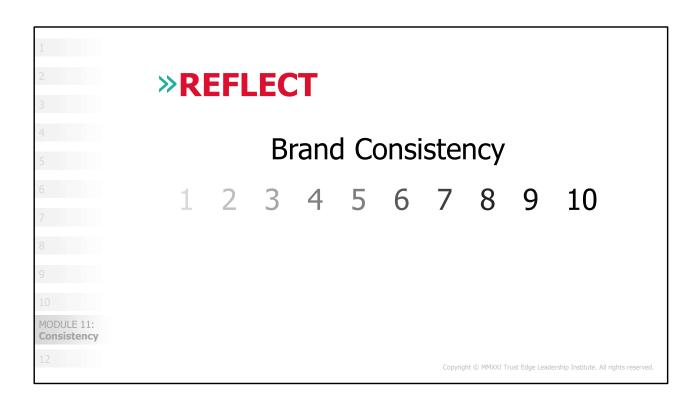
- Ask: "What are you known for? Whether it's good or bad...Are you known for being late? Are you known for being joyful? Are you known for being a gossip? Are you known for being an encourager?"
- Encourage participants to write down what comes to mind for moment.



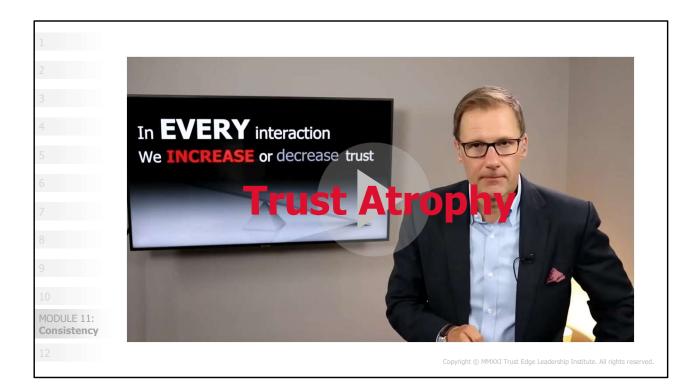
- Ask: "What do you most HOPE to be known for? What can you do CONSISTENTLY to keep and strengthen the reputation you most hope for? Write it down. What can you do to make that hope a reality?" Remind participants that to apply "How, How, How" here.
- Facilitate a pair-and-share or group shout-out for virtual events.



- Facilitate a brief discussion.
- Ask: "What are a few words that your customers would use to describe your organization's brand?"
- Have participants write down 3 words from the group discussion.



- Facilitate brief self reflection
- Ask: "Think to yourself for a minute...On scale of one to ten, how well does our organization consistently reinforce these aspects of our brand?"
- Call out a handful of responses from participants.
- Ask: "What can we do in our role, no matter what our title is, to help reinforce our brand traits <u>consistently</u>?"
- Before clicking to the video on the next slide, say: "Here is a quick video about what happens if we DON'T build trust consistently."



2-minute video: Trust Atrophy



- Recap how this module's focus impacts this team/organization.
- Give an opportunity for participants to individually reflect and write down why the focus of this module impacts them individually AND what they are going to do about it by the next session.
- Finally, for question #3, do a pair and share or group shout-out virtually.
- (If it works for the group you are leading, have participants find accountability partners that they keep throughout this course. Example: "Find someone in the room that you can share what YOU are committed to doing to increase trust by the next session.")

| 1 2 3 | Next Meeting |
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| 10 MODULE 11: | ✓Contact? |
| Consistency | |

Confirm details for the next meeting and give a one sentence preview to energize participants about the next module!



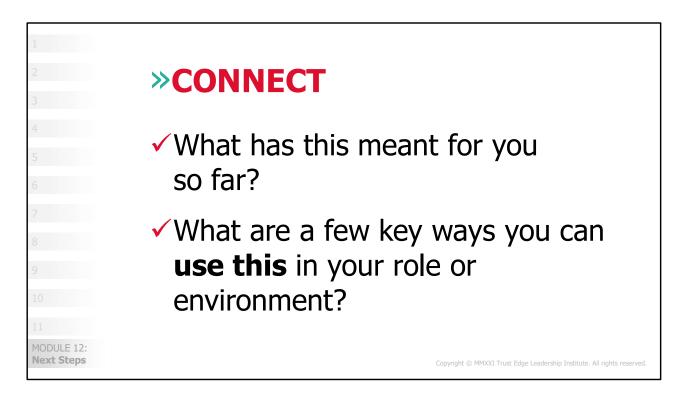
Show this slide to close out the meeting.



- Welcome participants and then say: "Here we are at the last module! We have walked through the case for trust, each of the 8 Pillars for building trust as individuals and organizations."
- Module 12 Goal: Say, "Today we are looking at the next steps for applying this in our unique circumstances. We will learn how to contextualize the pillars and make a plan for building trust going forward".
- Before clicking to the video on the next slide, say: "Here's a quick recap from David!"



1-minute video: Recap



- Ask: "So let's talk about what this meant for us so far? What are a few key ways you can use this in your role or environment?"
- Allow brief self reflection then facilitate a discussion around these questions.



- Say: "Trust in context matters. Know your environment. Know your people."
- Before clicking to the video on the next slide, say: "Building trust is day-by-day work. Like in the last module: 'It's the little things done consistently that make the biggest difference'. Contextualizing these 8 pillars in our everyday efforts and interaction will be what drives long term impact."



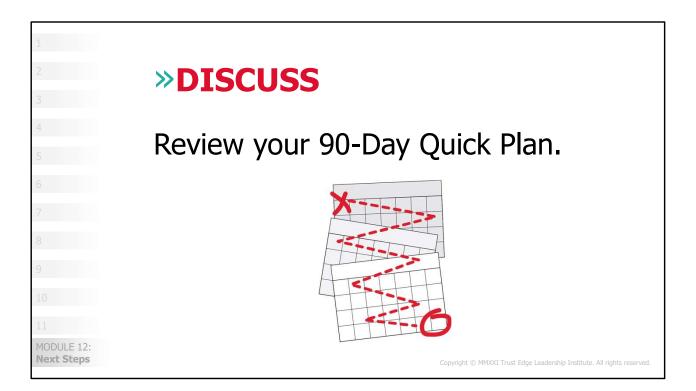
4-minute video: Contextualizing the 8 Pillars



- Ask: "How can you contextualize the trust framework in *your* role or environment? How can you make it MOST relevant and impactful for your work and life?"
- Have participants write down their thoughts for a few minutes.

| 1 | |
|--------------------------|---|
| 2 | "Watch your THOUGHTS , |
| 3 | for they BECOME WORDS. |
| 4 | Choose your WORDS , |
| 5 | for they BECOME ACTIONS. |
| 6 | Understand your ACTIONS , |
| 7 | for they BECOME HABITS . |
| 8 | Study your HABITS , |
| 9 | for they will BECOME YOUR CHARACTER. |
| 10 | Develop your CHARACTER, |
| 11 | for it BECOMES YOUR DESTINY ." |
| MODULE 12: Next Steps | - John Boe, US Army Captain and Author Copyright © MMXXI Trust Edge Leadership Institute. All rights reserved. |

Say: "The U.S. Army Captain and Author John Boe said, 'Watch your THOUGHTS, for they BECOME WORDS. Choose your WORDS, for they BECOME ACTIONS. Understand your ACTIONS, for they BECOME HABITS. Study your HABITS, for they will BECOME YOUR CHARACTER. Develop your CHARACTER, for it BECOMES YOUR DESTINY."



- Say: "Back in Module 3 we made a 90-Day Quick Plan. Let's take a look at how those went. What went well? What was helpful? Where did you get stuck or lose momentum? Go ahead and shout out what your goal was and what happened."
- **Optional additional questions:** "What would you have liked to do differently? What barriers did you encounter? Who helped you in the process?"



- Say: "Either as a team solving a challenge in your organization or as individuals setting a goal, complete another NEW 90-Day Quick Plan for the few months ahead. Write down someone you will ask to hold you accountable to this goal. Ask them to check in with you throughout these 90 days."
- Give participants at least 5-10 minutes to complete their plan then confirm that
 participants drilled down to something they can actually do about it starting today or
 tomorrow with a specific number or time attached. (Example of a final 'how': Before
 5:00PM today, I will schedule time in my calendar from 2-3PM this Friday to work on
 _____ project.)
- Play video on next slide of a closing video from David.



1-minute video: Celebration from David



Say: "we can only control what WE do, not what others do. It's up to us to take these tools forward and continue to use them in our work and in our relationships to improve results and build a high trust team and organization."



Say: "Thank you so much for your engagement and insight shared throughout our time together. If you have questions or want to continue going deeper in this trust work, you can visit TrustEdge.com or reach out to their team by phone. I know they are happy to serve and support us as we move forward! Thank you all for continuing to do the work of building trust."